# inside MS





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March 5–11 is our second national MS Awareness Week. We asked six people with widely different MS experiences to talk about how MS awareness affects them—at home, in the neighborhood, and at work.

# **22** Teams Take to the 2007 MS Walk

Walking as a team is taking the nation! Hardy and inventive volunteers raise funds and show the public that people care about MS.

BY ROCHELLE KRAUT

## 44 Stem Cells and MS: What the investigators see

The Society hosted an international meeting in San Francisco this January—where top scientists discussed the prospects and the problems involved in harnessing the power of stem cells to repair MS damage. Research in this area offers hope to those with progressive MS.

BY MARTHA KING

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**◆COVER:** Jennifer and Jayson Smith, both diagnosed with MS in 2004, formed a Walk team (Gooberhead) after they were married. Last year they added some attitude to their team shirts: the Latin/Greek phrase "carpe pathos" – seize the disease. (See page 22.) Photo by Jay Carlson.





The magazine for Members of the National MS Society

February-March 2007

Volume 25, Number 1

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Joyce Nelson, Society president and CEO, is thinking about Hula Hoops®, Beatles, and very BRITE light

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# InsideMS is published bi-monthly by the National Multiple Sclerosis Society

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© 2007 National Multiple Sclerosis Society. ISSN 0739-9774

**InsideMS** is available in microform from Bell & Howell Information and Learning (formerly University Microfilms, Inc.), Ann Arbor, Michigan 48106-1346.

The Society participates in a donor list exchange program with other organizations. The names are exchanged on condition that participating organizations send only one piece of mail and will not add names to their lists unless they receive a gift.

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#### 2006 Awards for InsideMS

The APEX Award for Publication Excellence, Feature Writing category, "Emergencies Happen!" (June—July 2005)

The APEX Award for Publication Excellence, Regular Departments & Columns category, "Let Me Tell You ... About My Tysabri Experience" (August—September 2005)

National Health Information Award, Silver Award, Patient Education Information, "Emergencies Happen" (June–July 2005)

National Health Information Award, Silver Award, Patient Education Information, "Are You Ready for the Changes in Medicare?" (October–November 2005)

National Health Information Award, Bronze Award, Patient Education Information, "MS As a Spiritual Journey" (January–March 2005)